



## Ultimate E-NEWS

*Sponsored by NYS FCCLA and NYSAFCSE*

Vol. 4 Issue 3

August 1, 2010

### Message to our members:

-Caroline Spink, NYS FCCLA President

#### Cat's Corner-

Now officially being a 2010-2011 New York State Officer, I have been given many new responsibilities. One of these includes doing a workshop of New York State's Summer Leadership. The theme of my workshop is STAR Events and the theme of my councils Summer Leadership is "Lights, Camera, FCCLA" (a movie theme). In order to try and make sure that I give the most beneficial workshop to the other members of New York State FCCLA, I had to sit down and plan my workshop on my own personal time and along with my advisor.

First I had to think as a teenager and I had to picture myself sitting at a workshop and what I would expect out of it. Being a student and a teenager I would expect some fun and beneficial games. This is something that FCCLA Chapters should consider to use for their District meeting; games will keep members longer and hopefully put a smile on their face. Since my workshop theme is STAR Events, I needed to make a game that would incorporate some piece of the events and teach the people attending the workshop something about STAR Events.

I came up with the idea of using a bingo game in order to help give a brief overview of different events in order for people interested in doing an event to get a little brief summary of events to help narrow their choices. I got large foam poster boards and made a grid on theme and placed the name of the STAR Events in different boxes. At Summer Leadership, I will read of the brief summary of an event and the people playing the game will put a marker on the square where the title of the activity is. There will be prizes for those groups of students that get bingo which will make them happy they

played the game and hopefully they learned a lot of useful information. Whether you're planning a workshop or your planning a meeting, games, even the simplest games will be extremely helpful in bringing in new members, holding old members, along with using a fun method to teach information. Whether it's a simple game like bingo or something more complicated, use prizes in order to encourage members to play a little harder or show a bit more enthusiasm and perk up your meeting.

Cathrine (Cat) Nelson

2010-2011 New York State Secretary/ Voting Delegate

Hi! My name is Briana Vennard and I am your 2010-2011 NYSAFCCLA Membership/Alumni & Associates officer. I am going into my sophomore year of High School at Bolivar-Richburg Central School in District 10. I was introduced to FCCLA by my older sister and ever since, it has had a major impact upon my life. I joined in 7th grade and every since then I have been an active member. I was a Junior Leader 08-09, I've done 2 STAR events, attended several State Meetings and summer leaderships, and I went to the 2008 national meeting. When I am not devoting time to FCCLA, you will find me playing some kind of sport or spending time with my best friends. After high school I would love to go to college to be a FACS teacher so I can start my own FCCLA chapter. FCCLA is something to be passionate and enthusiastic about. I guess you could say that my office is just right for me because, I love to get people excited about FCCLA, so I hope that this year, New York State can increase membership. Someone once said; Be enthusiastic as a leader. You can't light a fire with a wet match. • This is how we as leaders should feel. Please help me reach the goal of an increase in membership and Recruit, Retain, and Recognize!

## CHICAGO FCCLA NATIONAL MEETING

With great deep pizza and some of the tallest buildings in the world, Chicago welcomed FCCLA into their beautiful city. Whether we drove, rode the train, or rode in a plane, we all met at the Hyatt Regency Chicago to kick off the celebration of 65 years of leadership. As state officers, we had to go through multiple trainings. The trainings were going on all week. STAR Events were also going on all week. After our 1<sup>st</sup> training session, the NYS delegation met. With party hats and favors in their place we kicked off the celebration by playing a little Pin the Candle on the Birthday Cake. After our little celebration we walked over to Navy Pier for a 4<sup>th</sup> of July celebration. At Navy Pier, we enjoyed great food and great music. We can't forget about the spectacular fireworks that were some of the best fireworks I have seen in my life. The next morning we had to wake up bright and early to go listen to the Regional National Officer Candidate Speeches. The speeches were great! After the Regional Candidates were finished, we listened to the 12 at large National Officer Candidate Speeches. These were funny and I had a great time listening to them. After the speeches we headed to the Opening Session. Here we saw some of the National Program Awards given out and we heard from Aaron Davis, a man who left us laughing even after the meeting was finished. After the opening session came to a close, we went to our state meeting. Here we voted on our picks for the incoming National Executive Council. Even though this took a little longer than expected, we still voiced our opinion in the selection of the 2010-2011 National Executive Council. The following morning, we had to wake up early once more to go to some workshops. Our first workshop was about exercising. Even though none of us were fully awake, we all enjoyed Stacy Lei Krauss' message and her outstanding exercise routine. After the exercise workshop, we were able to go visit the exhibit hall. Here our sponsors were able to show us some of their products and information that they had available. After we looked around at the exhibits, we went to a workshop put on by Joel Penton. Joel Penton's message was that if you stay committed to your goals, you will succeed. After the workshops were finished, we headed to the

Business Session, where we got to get some business done. Here we voted for the changes to the bylaws. We also found out that our state was one of the few states in our region whose membership increased. After the business session was concluded our state delegation headed over to the Hard Rock Café. Here we all ate some amazing food and enjoyed sitting, talking, and maybe even a few laughs with our friends. As we were walking to our boat tour, it started to downpour with lightning and a few rolls of thunder. This small storm cancelled our boat tour, so we had to head back to the hotel. At our hotel, after all of us had dried ourselves off, we hosted our STAR Event Recognition Ceremony. Here we recognized the members in our state who participated in STAR Events with a certificate and a pizza keychain. After our recognition ceremony, we all headed back to our hotel rooms to get some sleep. In the morning, we all headed off to some workshops of our choice. There were at least 10 different workshops to choose from, like Facebook Pros and Cons, New STAR Events, and Choosing the Right Career for You. After we got done with the workshops, we were all able to get ready for the Gala and Closing Session. At the closing session, one of the most important things that happened was the installation of the 2010-2011 National Officers. It was both a sorrowful and joyful occasion. As the closing session came to a close, we all headed off to the gala. The gala included good food, great music, and some great singing and dancing opportunities. As we finished dancing, we all went to our hotel rooms to start packing our bags for our departure the next afternoon or evening. We all woke up at the earliest hours to go to the National STAR Event Recognition. Our state STAR Event Participants did well and I would like to take this time to congratulate all of them. As our last state meeting came to a close, we all said our goodbyes to each other and to the wonderful city of Chicago. The 2010 National Leadership Conference was a huge success. I say this for one reason, there was over 6000 people in attendance. I don't know about the other 4,999 people but I learned a lot and I met some people that I will never forget. I will always remember my experience at the 2010 Leadership Conference in the Windy City, AKA Chicago.



started off with a motivational speech by Gabrielle Marriott to get students excited for Summer Leadership to begin. There was also a Public Relations workshop to help students promote FCCLA in a positive way to increase knowledge of the organization in their school and community. Our Membership workshop had activities to help district and chapter members learn new ways to increase membership within their chapter, district, and in New York State. Additional activities included workshops on our STAR Events, Power of One, and fundraising. During our time at SUNY Oneonta the state delegation went to Brook's Barbeque to eat great food and show off our dances each individual group came up with. At the end of the dances, State Officer Elects ended up winning with the song and dance, "I Just Can't Wait to be King" from the Lion King. Wednesday, the delegation played FCCLA Squares, arranged by members of the Alumni and Associates, Mr. and Mrs. Chris Tiffany. Students and advisors of all ages participated by being one of the squares, and being on the two teams. All shared laughs, and advisors ended up winning for the third year in a row, but maybe next year the State Officers will finally win a point! All students also gathered for a presentation of our State Outreach Project, Children's Miracle Network, and even learned about the 2008 New York State Champion that attended the conference. On the National level, FCCLA's outreach program is the Children's Miracle Network. After, we all got to sit down and relax by watching a movie, and eating some popcorn. Students attending the conference participated in an activity for the State Outreach program on Thursday by making 152 boo-boo bunnies for the Domestic Violence Home. Those boo-boo bunnies, plus additional school supplies, toys and toiletry items were presented to two representatives of Opportunities for Otsego before the closing session. During closing session, the officers announced the State Meeting theme, "Dive Into Leadership with FCCLA," a luau theme. This year, state meeting is March 31st-April 2nd. Hope to see you there!



Oh what fun we had in Chicago!



New York State Executive Council



## Summer Leadership Training

Members of FCCLA (Family, Career, and Community Leaders of America) gathered this week at the State University of New York at Oneonta for the annual Summer Leadership Conference. More than 50 students and adults from all over New York have gathered to learn leadership skills through speakers, workshops and practical application. President Caroline Spink of Beaver River opened the four-day conference as Executive Council members introduced the theme, "Lights, Camera, FCCLA!" The conference

Ultimate E-news is brought to NYS FCCLA members and advisors through the cooperation of NYS AFCSE.

Editor: [dodi.cechnicki@gmail.com](mailto:dodi.cechnicki@gmail.com) and mailed by [sware@nscsd.k12.ny.us](mailto:sware@nscsd.k12.ny.us)

Additional articles from members are requested.  
Make this your newsletter too!