

## Ultimate E-NEWS

Sponsored by NYS FCCLA and NYS AFCSE

Vol. 3 Issue 5

October 1, 2009

### Message to our members:

By now you have settled into your year and are working hard to keep your grades up. What have you been doing for FCCLA? Many areas are holding district meetings. Have you asked your advisor about attending a District meeting this year. It's not too late. Have a great fall and get out and do something in your community to show your appreciation!

We would like to take this time to introduce your 2009-2010 New York State Officers. Below we have given you a short bio to help you get to know your leaders. Congratulations to all of the officers who have attended meetings this past summer. The membership is looking forward to learning about the many great things you have learned!



My name is Chelsea DeRouchey, and I am your 2009-2010 NYS President of Family, Career, and Community Leaders of America. I am currently 17 years old, and am a Senior at Marlboro Central High School (Go District 3!). When I am not busy with FCCLA, I am probably hanging out with friends, working at a pizza place as a waitress, shopping, or curled up with a book. I have been in FCCLA for all four years of my high school career, and I wouldn't change it for the world. FCCLA has helped shape me into the person I am. Through FCCLA I have made friends with people from across the country, including Alaska, Hawaii, and even Japan. But more importantly, I have made best friends with my council, and with my delegation. FCCLA has been the most rewarding experience I have ever had. I look forward to the remaining time in my term, and to the 2010 NYS FCCLA State Meeting. I hope to see you all there!



My name is Jacob Hillis, I'm seventeen years old, I am a senior at Midlakes High School in District 9, and I love Family, Career, and Community Leaders of America (FCCLA). When I first joined FCCLA I had no idea a few

years later I would be a New York State officer. But I'm here today as the New York State Vice President, Parliamentarian, and Voting Delegate. If you asked me when I was a freshman if I liked to public speak I would have laughed and said no way. I am a true example of how FCCLA can mold an individual into someone better suited for their future. After I graduate, I hope to pursue my dream to become a doctor; a dream I may not have ever reached for if not for FCCLA. It's been quite a ride, filled with most of my best memories. I've made lasting friendships, met hundreds of amazing characters, and expanded my horizons to Tennessee and back. It is always an amazing thing to hear a teen changed by an event or experience, but FCCLA didn't just change me once... it is constantly affecting my decisions in all aspects of my life and will continue to do so even after my journey as a state officer ends. My amazing experience in FCCLA hasn't just affected me personally; it has given me the ability to help those around me, whether it be in my home, in my school, in our local soup kitchen, in our community, or in our FCCLA chapter, I've inspired others to make a difference just as I was inspired by FCCLA. I love community service, helping others, learning new things, getting everything out of life, and getting others to do the same. I'm Jacob Hillis, I'm seventeen years old, I am a senior at Midlakes High School in District 9, and I love Family, Career, and Community Leaders of America: it really makes a difference.



Hello, my name is Logan Kempney and I am the 2009-2010 NYS Treasurer of Family Career and Community Leaders of America. I am 15 years old and currently going to Beaver River High School. I participate in sports such as varsity cross country, swimming, and track. In my free time I like to go on a long run or spend time with my family and friends. Also in my free time I enjoy spending time outside while kayaking and hiking. When I am not outside I spend time in FCCLA. I have been in FCCLA for 3 years and have loved every moment! FCCLA has shaped me into the person that I am today and that is a leader. Not only has FCCLA made me into a better leader but it has helped me meet and help people that I never thought I would get to do. Altogether FCCLA has made me into a better person and this can happen to anyone. Just take the first step and go to a FCCLA meeting!!



Hi, my name is Matthew Palka and I am your 2009-2010 New York State FCCLA Alumni and Associates/Membership Officer. I am fifteen year-old sophomore at the Union Endicott High School in Endicott, NY from District 8A, and have been in FCCLA for about three years. In school my favorite subjects are math, science, and the language Italian and I am involved in Character Council, Italian Club, and FCCLA. When I have the time I love traveling with my family, talking to friends, making DVDs with my camcorder, playing video games, and fishing with my father. I will be outside throughout the seasons as an outdoorsman taking pictures, exploring, fishing, hiking, and observing nature. FCCLA has made me into the person I am today, and is very important to me. It has taught me leadership and that the choice to have a positive influence on others by guiding them is tremendously worthwhile. You make people feel inspired and willing to do the same for others which create memorable experiences for everyone. I challenge new FCCLA members to be involved in the benefits and rewarding experiences FCCLA has to offer. You will learn responsibility, respect, patience, persistence, leadership, cooperation, friendship, and much more! I also challenge FACS teachers and advisors to look into the heart of FCCLA and guide students to experience all FCCLA have to offer. The more members that are involved in FCCLA, the greater understanding they will have of how they can be involved and make a difference! The unforgettable experiences with people, sense of accomplishment, and leadership opportunities in FCCLA are endless!



My name is Sarah Hughes, I'm 17 years old and I am a senior at Ravena-Coeymans-Selkirk High School from District 4. I am the 2009-2010 New York State FCCLA Communications Officer. After high school I plan on going to college as a pre-med student then to medical school to become a surgeon. I am on my schools varsity tennis team and I play first seed singles. I enjoy shopping, traveling, reading and being with my family and friends. I joined Family, Career and Community Leaders of America in 6<sup>th</sup> grade not knowing what it was all about. Throughout the years I enjoyed doing community service work while improving my leadership and making new friendships with members all over the state. I have competed in 3 STAR Events at the state and national level. The STAR Events helped me

improve my public speaking skills. But I wanted to do something more in FCCLA and now I'm part of the state delegation. I have high hopes for New York State FCCLA and I know it will keep helping students reach their full leadership potential like it has done for me.



My name is Sarah Tompkins, I'm seventeen years old, and Family Career and Community Leaders of America has inspired me to help other people in my community and at my school. But, that's just the beginning... this unbelievable organization continues to inspire me each and every day to go beyond the edge, and to succeed in being a thoughtful and responsible leader. I am proud to be New York State's FCCLA secretary. Being a part of the State delegation has been so beneficial for not only me, but also for my local school's chapter. I've learned to improve my writing skills, public speaking skills, organization skills; team building skills, and the list could go on and on. This year I'm a senior at Cicero-North Syracuse High school and my future goals and ambitions continue to keep me motivated. I dream of being a Special Ed. teacher for students who are mentally and physically challenged. I want to make an impact on the lives of children who need quality educational support. I love working with young children, spending time with the people that I love most, reading, watching influential movies, taking kickboxing classes, and eating chocolate. I hope to gain even more life skills such as being able to communicate well with others and being able to accomplish my life's ambitions. FCCLA has led me down an unforgettable path of leadership, love, and friendship. The memories I've made with the incredible individuals that I've met through FCCLA will never be forgotten. This valuable organization is important to me because it's allowed me to transform into an even better person than I was before. I've learned so many fascinating and exciting things about myself and others, and I never before would have thought before that I could be an influential leader. I've learned that cooperation and working well with others is so very important. FCCLA has allowed me to learn how to work better with other leaders and how to brainstorm exciting, new ideas. Leadership is an adventure and FCCLA has allowed me to realize how much of an electrifying adventure it truly is.

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This year we are asking Chapters from around the state to send short articles and pictures of events you hold for your FCCLA. We are interested in everything from membership drives, national program ideas, STAR event projects and more. Please send your info to [dodi.cechnicki@gmail.com](mailto:dodi.cechnicki@gmail.com). All articles will be subject to editing if they become too lengthy for our two page monthly newsletter. We will print the articles on a first come first serve basis. So, get yours in today!

The Student Conservation Association's Green Your School Contest is a national competition to stimulate and/or identify conservation service projects designed by high school students that improve, restore, beautify, or conserve their high school environment. To be eligible, projects must have begun after August 1, 2008. Grand Prize is \$5,000 and two runner-up prizes are \$2,500 each. Visit the SCA Web site at <http://www.thesca.org/> for complete program information.



KIDS (Kids Involved Doing Service-Learning) Consortium, a nonprofit organization that serves schools and community groups in Maine and throughout New England, and the State Farm Youth Advisory Board, are offering mini-grants of up to \$750 for green service-learning projects developed by K-12 schools in New England. Funded projects must solve a problem or address a local need related to making schools and neighborhoods healthier and more environmentally sustainable. For complete program guidelines, visit the KIDS Consortium website, <http://www.kidsconsortium.org/>.

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### **National Cluster Meeting**

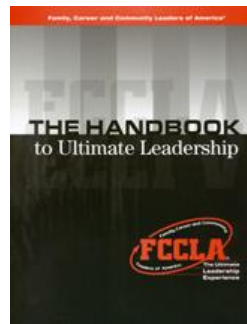
National Cluster Meeting Brochures will be mailed to all chapter advisers in September. Meeting registration and housing will open on August 1. Visit the FCCLA national website frequently for updates on the National Cluster Meetings. Register on line now!

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Look for further information from our state officers. This is the official newsletter for the student organization. Please send your articles in today!!!

Ultimate E-news is brought to NYSAFCSE and FCCLA members monthly from a joint effort with the two organizations. [Dodi.cechnicki@gmail.com](mailto:Dodi.cechnicki@gmail.com)

STAR EVENTS will be held at the local, district, state and national level. Do you want to become involved...log on to [www.nysfccla.org](http://www.nysfccla.org) or [www.fcclainc.org](http://www.fcclainc.org) for more details.



Student members should encourage advisers to purchase the handbook. It is a great resource for the chapter to use. [www.fcclainc.org](http://www.fcclainc.org) will help you learn how to get your copy today.