



FCCLA E-Adviser

November 15, 2011

The *E-Adviser* is the official online newsletter for national FCCLA.
Bringing current FCCLA updates to all chapter and state advisers registered for the Chapter Adviser List serv.

Special Alerts

Adviser Essentials Webinar Series

The next installment of the Adviser Essentials Webinar Series: Focus on Programs will be on **Financial Fitness and Scholarships on December 7, 2011** from 5:00 PM EST to 6 PM EST. There is a \$25 fee for this webinar. For more information, visit the [Chapter Adviser](#) section of the FCCLA website and to register, click [here](#).

Not too early to start the planning process for National FCCLA Week!

This year include reaching out to local and state legislators. Encourage your elected representatives, including mayors, city managers, county executives/commissioners and state governors to designate February 12-18, 2012 as National FCCLA Week in your community/state. Attached is a sample proclamation and tip sheet. The proclamation-signing ceremony can also serve as a photo opportunity for your chapters and schools.

From the Executive Office

How to get Perkins funding back! Share with your principal and superintendent and respond immediately to your legislative representatives.

We received an email from ACTE asking for our assistance in getting Perkins funding restored. According to Steve Dewitt, Advocacy Director at ACTE, the CTE funding allocation that went to school districts on October 1 was unexpectedly reduced. Due to unprecedented language in the continuing resolution that passed in September, programs that receive advanced appropriations saw their funding cut by 1.5 percent. For CTE, Perkins was cut by \$12 million. Here's the link to the full report and information from ACTE:
<http://www.acteonline.org/ctepolicywatchblog.aspx?id=16925&None> - Use Default=3512

The GOOD NEWS is that both passed level funding for appropriations.

The BAD NEWS is that they passed the level funding with some "language" that if NOT changed, can create the above cut in funds. It was not intentional, and not even realized by legislators; NEVER THE LESS...if we don't take action this week, the bill will be passed as is, cuts and all, next week. Since the initial bill passed in September, these cuts were affected in October allocations to your funding at the district level.

HOW TO RESPOND:

- Ask your administrator at your level, how much this cut in funding affected your district for Perkins in October.
- Contact your legislators and let them know how much that cost your district, how it affects you and your program, and to CHANGE the LANGUAGE this week to prevent this from becoming permanent next week.
- It's important for us to be heard this week!

Thank you for your assistance.
Michael L. Benjamin, M.P.H., CAE
Executive Director

Competitive Events

2011 Fall Contests

Deadline for submission of the 2012 FCCLA Week Poster Contest and the Membership Recruitment Video Contest was November 4, and the online voting for the top three candidates will be open from November 15-December 1, 2011. Visit <http://www.fcclainc.org/contests> to cast your vote and watch for the winner to be announced online Dec. 3, 2011 and recognized in the January/February issue of *Teen Times*.

2011-2012 Knowledge Bowl

While the 2011-2012 Knowledge Bowl is underway, we are already beginning to prepare for 2012-2013. We are asking you to submit questions to be used in next year's competition. Questions can be true/false or multiple choice with four answer options. All questions need to fall under these 5 categories:

- Family, Career, & Community Studies
- Early Childhood & Human Development
- Food Science, Dietetics, & Nutrition
- Hospitality, Tourism, & Recreation
- Fashion & Housing Design

Please submit all questions, and indicate their category, to jgiuffre@fcclainc.org.

Virtual Poster/Glogster EDU Webinar

Unable to attend the Virtual Poster/Glogster EDU webinar held last week? The archive is available or viewing on the STAR Events Resources page - <http://www.fcclainc.org/content/resources/>

Culinary Arts Recipe Collection – Deadline Extended

FCCLA is requesting submissions of recipes designed to be used as a resource for culinary arts education programs and for culinary arts competitions. Chapter and state advisers, as well as culinary educators and professionals, are encouraged to submit recipes for this national collection. Deadline: In order to be included in the Culinary Arts Recipe Collection, recipes must be submitted by **November 23** to starevents@fcclainc.org. Please attach recipes in a Microsoft Word format, using the provided template on the last page. The complete Culinary Arts Recipe Collection will be posted online at www.fcclainc.org and will be available to FCCLA chapter advisers for use.

Please follow the attached guidelines and use the provided template for submission. Menus for competitions will be based upon these recipes. Questions? Please contact starevents@fcclainc.org.

National Cluster Meeting Competitive Event Results

Who got first place in Culinary Food Art, Culinary Knife Skills, or Impromptu Speaking? Which teams are advancing to the National Leadership Conference for Knowledge Bowl? Look for the results of the 2011 National Cluster Meeting competitive events on the FCCLA website on Monday, November 21. Congratulations to all of the members who participated!

Programs & Youth Training

GREAT AMERICAN BAKE SALE CHALLENGE! Get inspired to end childhood hunger during the holiday baking season by hosting a bake sale in your community! The top three FCCLA chapters that raise the most money for Great American Bake Sale (and submit it postmarked no later than December 20) will receive the following prizes for your chapter:

First Prize – besides bragging rights, this chapter will receive a prize basket full of Great American Bake Sale sponsor products to use as a class (such as Duncan Hines mixes, Domino Sugar and much more), Great American Bake Sale T-shirts for all chapter members, Share Our Strength bracelets and a framed 1st place certificate

Second Prize - Great American Bake Sale T-shirts for all chapter members, Share Our Strength bracelets and framed 2nd place certificate

Third Prize - Great American Bake Sale T-shirts for all chapter members and framed 3rd place certificate

ACT OUT LOUD 2012 IS HERE!

We are excited to announce that the Act Out Loud 2012 Contest is HERE! Registration opened today and we wanted you to be the first to know! Check out our new website at www.actoutloud.org and register your team today!

Join youth across the country and **ACT OUT LOUD** for traffic safety! Compete against other schools for a chance to win **\$10,000!**

Download [this form](#) to review and help gather all the information that you need to [register](#) your team online.

NOYS and Ad Council Announce Call for Entries for Distracted Driving Video Contest “[Project Yellow Light](#)”

High school seniors can create and submit 60 second videos at www.projectyellowlight.com. A video can feature an individual, group or an animation. The video should convey the importance of teens developing and embracing safe driving habits, and focus on the dangers of texting while driving. Video submissions will be accepted beginning Dec 1, 2011. If the senior is under the age of eighteen, the video must be accompanied by a signature from a parent or guardian. All of the videos will be judged by NOYS, the Ad Council, Project Yellow Light and The Martin Agency. The recipient of the scholarship will be announced and digitally distributed as a PSA by the Ad Council in May 2012 as part of National Youth Traffic Safety Month®. The winner will also receive a \$2,000 college scholarship on behalf of Project Yellow Light.

Stephen J. Brady STOP Hunger Scholarships

The Stephen J. Brady STOP Hunger Scholarships, named for the late founder and president of the Sodexo Foundation, recognize students (kindergarten through graduate school) who are driving awareness and mobilizing youth to be catalysts for innovative models and solutions to eliminate hunger in America. Selected students receive a \$5,000 scholarship and a matching \$5,000 grant for their hunger-related charity. In addition, each national scholarship recipient is recognized at the annual Sodexo Foundation Dinner in Washington, DC.

Meet the 2011 scholarship recipients: [Amy and Emma Bushman](#), [Jonathan Crider](#), [Erika Ferguson](#), [Nicole Muller](#), and [Travis Robinson](#)

- **Apply now: Application period October 5 - December 5, 2011**
- **Resources Available (including Fact Sheet, Talking Points, Ads, Web Banners)** – Please share this scholarship opportunity with your professional and personal network helping us to reach as many students as possible.
- **Learn more and apply at www.SodexoFoundation.org**

Japanese Exchange Deadline

The Japanese Exchange Scholarship deadline is January 3, 2012. Please check the Youth For Understanding - USA (YFU USA) website for the updated 2012 application, www.yfu-usa.org/.

[Prematurity Awareness Month](#)

November is Prematurity Awareness Month® and when the March of Dimes focuses the nation’s attention on premature birth. The awareness month kicks off on November 1 with the release of the [2011 Premature Birth Report Card](#).

[Support World Prematurity Day](#)

November 17 is the first-ever World Prematurity Day — a day when the March of Dimes and partner organizations around the world focus everyone's attention on the global problem of premature birth. "[Like](#)" World Prematurity Day on Facebook. Read stories from around the world and share your own. Spread the word by [updating your Facebook status](#) with a message on premature birth.

[National Family Volunteer Day](#) – November 19, 2011

A day of service designed to demonstrate the power of families volunteering together. Celebrated annually the Saturday before Thanksgiving, the day "kicks off" the holiday season with giving and service. Schedule your project for November 19, 2011.

[National Family Week](#) – November 20-26, 2011

National Family Week is an annual celebration observed during the week of Thanksgiving. The Alliance for Children and Families and its member organizations have annually promoted National Family Week for more than 40 years.



Culinary Arts Recipe Collection Request

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Deadline: In order to be included in the Culinary Arts Recipe Collection, recipes must be submitted by November 15 to starevents@fcclainc.org. Please attach recipes in a Microsoft Word format, using the provided template. The complete Culinary Arts Recipe Collection will be posted online at www.fcclainc.org and will be available to FCCLA chapter advisers for use.

Please follow these guidelines and use the provided template for submission. Menus for competitions will be based upon these recipes.

Questions? Please contact starevents@fcclainc.org.

- Recipes must be written in order of technique.
- Menus should be varied with difficulty levels: both challenging for occupational high school students and/or postsecondary students, but not be beyond an achievable level of skill for the age groups.
- Recipes should have a variety of skills and competencies.
- Recipes should be conscious of ingredient cost and availability.
- Garnishing ingredients may be included, but specific directions on how to garnish the dish should be left up to the students.
- Italicize words/terminology that will need to be defined in a glossary.
- Provide yield chart/conversions.
- Use generic names of ingredients, not brands.
- Offer substitutions when appropriate, such as one vegetable for another
- Provide basic equipment needed, list alternatives if appropriate.
- Recipes need to provide credit due to and date.



FCCLA Culinary Arts Recipe Collection Template

Title/Name of Recipe: Watermelon & Minted Tomato Salad

Yield: 6 to 8 servings

National Standard/Competencies: ACF Standard 5: 10. Prepare Salads and Dressings

Common Core Standards:

Ingredients:

Qty.	Portion	Ingredient(s)
	1/3 c.	water
	1/3 c.	granulated sugar
		finely grated zest of a lime
		juice of a lime
	2 tsp.	freshly grated ginger root
		1 red jalapeno pepper, seeded and cut into thin rounds
	8 cups	seeded watermelon, 3/4" dice
	10-oz.	carton grape tomatoes
	1/2 c.	lightly packed mint leaves
	1 tsp.	coarsely ground black pepper

Preparation Method/Instructions:

1. In a small saucepot, heat the water, sugar, lime zest, lime juice, ginger root and jalapeno until it reaches a boil. Cook for 1 minute. Remove from heat. Place in a water bath or the refrigerator to chill.
2. Layer the watermelon, grape tomatoes and mint leaves in a large mixing bowl. Add dressing. Toss gently while sprinkling with black pepper.
3. Spoon into individual dishes and serve immediately, as the watermelon will become soggy upon sitting.

(Include as many as needed, in order of technique.)

Credit Due: Cynthia Pratt

Date: November 12, 2011

Basic Equipment Needed: cutting board, paring knife, chef knife, microplane or grater, small saucepot, mixing bowl, rubber spatula, serving bowls

Note(s): This is a favorite recipe the Culinary Arts Program at Kapolei High School. It has been served in restaurant projects, at graduation receptions and on television programs.

Students explain the nutritional values of the salad: vitamin C, vitamin lycopene and fiber. The salad contains no salt, fat, meat or dairy. The ingredients are all from local sources in Hawaii.

Recipe Submitted By: *(Name, Chapter or Organization, State)*

*Cynthia Pratt, FCCLA Advisor, Culinary Arts Teacher, Cookbook Editor**

Kapolei High School

91-5007 Kapolei Parkway

Kapolei, HI 96707

**From the Heart of Hawaii's Families*