



Get the FACS

New York State Association of Family and Consumer Sciences Education
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President's Message:

**Happy New Year Everyone!
2010 promises a new wave of growth for Career
and Technical Education!**

The New York State Education Department is on a mission called The Future Directions Initiative: An Action Plan for NYS Secondary and Post Secondary Career & Technical Education.

This is a positive step for Family and Consumer Science as we are included in the Career and Technical Education umbrella in NYS. Please check out this website to read the whole initiative. Then show it to your administrators, parents and anyone else who will listen!

<http://www.emsc.nysed.gov/cte/FutureDirections/Nov5CTEDiscFrameworkforSurvey100109.pdf>

As we embark on this new decade, please remember these important issues:

- 1. We need FACS teachers. Encourage a student to consider a career in FACS.**
- 2. The FACS course offerings in your school need to contain researched based, up to date information. Make a resolution to stay updated and informed by attending professional development opportunities.**
- 3. We teach relationships; relationships between people, ourselves, the environment and material goods. Role model what you teach such as showing kindness and respect towards others, by taking care of yourself with good food, by using recycling and sustainability practices in your classroom and practicing wise spending habits.**

What you do, speaks louder than what you say.

- 4. Be positive.**

Enjoy the New Year and all it's promises. Be gentle with yourself and know what a wonderful contribution you all are making to the future of our world!!

Kelly A. Lang

Ask a Pro

Dear Pro: I am in the process of ordering new sewing machines for my classroom. Is anyone you know truly happy with their machines? I'm not sure what to get. I also am having trouble locating someone to do sewing machine repairs. Dottie

Dear Dottie: So that you'd have the benefit of more than just my advice, I contacted about a dozen teachers from various parts of the state. Machines they were happy with were: Singer, Viking, Brother and Janome. This doesn't narrow it down much for you but maybe these suggestions from our collective wisdom will help.

Think about what the machines will be used for. If they'll mostly be used for simple projects for middle-schoolers, you won't need anything too fancy.

It's easier if all the machines in the classroom are the same kind. So, unless you really hate what you have, stick with that brand.

It's really important to have machines that can be repaired somewhat locally so find whatever brand is serviced near you and get that kind.

This last brings me to your second concern regarding finding repair people. Have you checked with other teachers in your area to see whom they use? I understand that JoAnn Fabrics does repairs on the machines that they sell. You might also try a Google search. Put in sewing machine repair and the name of a town near you. If that doesn't work, just try a different or bigger town. I was amazed at what turned up.

By the way, if any of you retirees out there are looking for a part time job, this might be an interesting niche you can fill in your area.

What's bothering you? What would you like ideas/suggestions about? Just e-mail phillip3@twcnny.rr.com If it's urgent, just mention that and we'll get back to you sooner than the next e-news.

President Elect Notes

I am now halfway into my year as president-elect and it has been wonderful to shadow Kelly Lang and be introduced to many different people and the responsibilities that I will be assuming in July. Kelly and I traveled to Nashville TN for the National ACTE Convention in November. This was a new experience for me right from the start as I had not flown anywhere in 15 years; I was grateful for Kelly's handling of the travel

arrangements and the “how-to” of getting through security. I learned so much at the conference itself. I feel like I have literally “grown up” in our profession, and yet learning about ACTE through the lens of this conference and learning about our profession’s branch in ACTE – National Association of Teachers of Family & Consumer Sciences (NATFACS) – made me realize that I am still somewhat of a “newbie” and there is so much more to learn! I look forward to taking the ideas I learned about at the conference and using them in my own classroom as well as sharing them with all of you in this new year!

As a quick post-note, I seem to be having a communication gap with some people and want to confirm that my e-mail address is bmiklercrandon@newark.k12.ny.us and my cell/home number is now one and the same: 315-946-9417. I continue to be excited to serve our profession in this new role and look forward to hearing from and working with many of you in the months to come!

Barb Mikler-Crandon

Grants from YSA site:

Coccia Award (Deadline: January 15)

The first annual Gladys Marinelli Coccia Awards will recognize two young female social entrepreneurs, ages 14 to 17, whose initiatives serve the common good. The awards are created in memory of Gladys Coccia, who began her entrepreneurial career when she was a young girl in West Virginia and later became a very successful businesswoman in Washington, DC. The award includes \$2,000 for the winner's social enterprise/organization as well as travel, lodging, and registration to National Service-Learning Conference in San Jose, CA - March 24-27, 2010, where the award will be presented. Nominations from across the country are welcome; special consideration will be given to nominees from West Virginia and metropolitan Washington, DC. Self-nominations are accepted. The deadline to submit an online nomination is January 15, 2010. www.YSA.org/grants

Disney Friends for Change Grants (Deadline: January 29)

Disney's Friends for Change is a program that encourages kids everywhere to take steps together with their friends to help the planet. The Friends for Change Grants will fund kids' projects that help the environment and will look to engage children ages 5-18 as leaders in their communities. Disney, working with YSA, will award 150 \$500 grants throughout 2010. Disney's Friends for Change Grants are open to schools, organizations and individuals planning service projects and will focus on projects implemented by children and youth ages 5-18. The goal of each grant is to inspire children to work with their families, friends, schools and communities to address critical needs in their local, national and global communities. To be eligible, projects will need to be done any time during 2010 and should include one service or celebratory component on Global Youth Service Day, April 23-25, an annual campaign that mobilizes young people around the world to make a positive impact in their communities. <http://www.ysa.org/grants/announcements/friendsforchange>

Get Ur Good On Grants (Deadline: February 22)

Get Ur Good On Grants are available for youth-led service initiatives on Global Youth Service Day, April 23-25, 2010. Available to children and youth around the world, YSA's Get Ur Good On Grants will award 100 \$500 grants to support projects addressing critical community needs such as poverty, education, and environmental sustainability. Grant applications are due February 22, 2010. To learn more about Get Ur Good On Grants and to take the eligibility quiz, visit www.YSA.org/grants

Our friend Joyce Miles sends to us websites we might enjoy.

Take a look at what they have to offer FACS teachers! Thanks again Joyce for your insight and inspiration.

www.ellenswallowrichards.com --great info on our history and good ideas to use to introduce the new FCCLA STAR event Environmental Ambassador

www.freshfacs.com --great ideas on FACS Going Green as well as other FACS related materials

<http://www.bethecatalyst.org/andyberndt/posts/233-eat-this-not-that-presentation> --this is a free power point that goes along with the books "Eat This, Not That."

Congratulations are in order for our very special NYS AFCSE Vice President **Connie Beaver**. Connie has been blessed this past New Year's Day as she is happy to be a newlywed. Dr. and Mrs. Costley have purchased a new home and will be enjoying their new home, life and family of 6 as the two united bringing together four children. We wish Connie the very best life has to offer and look forward to hearing about the beautiful event at our next board meeting in February!

E-news is brought to all NYS AFCSE members If you have any questions please contact

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